

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# February 2025

*Life Enrichment Programs - programs subject to change*

							10:00 Greet/ Agenda 10:15 Awaken 10:45 Soft Stretches 11:00 Humorous Quotes 11:45 Refresh <b>2:00 Bingo</b> 3:30 Resident Choice 4:00 Brew & Chew
10:00 Greet/ Agenda 10:15 Brain Games <b>10:30 Catholic Communion Service</b> 11:00 Groundhog Day Word Mining 11:45 Refresh 2:00 Table Top Games 3:00 Colorful Colors 4:00 Brew & Chew	<b>2</b> <b>HAPPY BIRTHDAY, ROSEMARIE!</b> 10:00 Greet/ Agenda 10:15 Cranium Crunches 10:45 Disco Chair Dancing 11:00 Musical Manicures/Massage 11:45 Refresh <b>12:00 Lunch Bunch Outing: Longhorn</b> 2:00 Brain Yoga With Erin 3:00 Musical Manicures/ Massage 4:00 Brew & Chew	<b>3</b> <b>SALON SERVICES</b> 10:00 Greet/ Agenda 10:15 3 Good Things 10:45 Beach Ball Volleyball 11:00 Pokeno 11:45 Refresh 2:00 Puzzle Time <b>3:00 Wordle IN2L Group Game</b> 4:00 Brew & Chew	<b>4</b> 10:00 Greet/ Agenda 10:15 Trivia 10:45 Sassy Salsa Stretches <b>11:00 What's In The Word</b> 11:45 Refresh <b>2:00 Bingo</b> <b>3:30 Resident Counsel</b> 4:00 Brew & Chew	<b>5</b> 10:00 Greet/ Agenda 10:15 Word Jumbles 10:45 Kickin It 11:00 IN2L Games 11:45 Refresh <b>2:00 Creative Crafting-Valentine Ornaments</b> 3:00 Word Mining 4:00 Brew & Chew	<b>6</b> <b>National Wear Red Day-Heart Disease Awareness</b> 10:00 Greet/ Agenda 10:15 Pick 5 10:45 Country Music Chair Dancing 11:00 What's That Sound 11:45 Refresh <b>2:00 Happy Hour-Aaron Dussing</b> <b>3:15 Gin Card Game</b> 4:00 Brew & Chew	<b>7</b> 10:00 Greet/ Agenda 10:15 Rhyme Time 10:45 Yoga 11:15 Sensory Sensation 11:45 Refresh <b>2:00 Bingo</b> 3:30 IN2L Games 4:00 Brew & Chew	<b>8</b> 10:00 Greet/ Agenda 10:15 Back To The Basics <b>10:30 Catholic Communion Service</b> <b>11:00 Let's Paint</b> 11:45 Refresh <b>2:00 Famous Faces Bingo</b> 4:00 Brew & Chew <b>6:30 Superbowl Party-Pizza &amp; Beer (2<sup>nd</sup> floor movie room)</b>
10:00 Greet/ Agenda 10:15 Back To The Basics <b>10:30 Catholic Communion Service</b> <b>11:00 Let's Paint</b> 11:45 Refresh <b>2:00 Famous Faces Bingo</b> 4:00 Brew & Chew <b>6:30 Superbowl Party-Pizza &amp; Beer (2<sup>nd</sup> floor movie room)</b>	<b>9</b> 10:00 Greet/ Agenda 10:15 Cognitive Convergence 10:45 Beanbag Basketball 11:00 Musical Manicures/Massage 11:45 Refresh <b>12:00 Lunch Bunch Outing: Fuji Buffet</b> 2:00 Musical Manicures/ Massage 3:00 Tell Me A Story 4:00 Brew & Chew	<b>10</b> <b>HAPPY BIRTHDAY, JULIA &amp; RUTH!</b> <b>SALON SERVICES</b> 10:00 Greet/ Agenda 10:15 Awaken 10:45 Catch It <b>11:00 Food Committee Meeting</b> 11:45 Refresh <b>2:00 Gina's Chair Dancing</b> <b>3:00 Left Right Center</b> 4:00 Brew & Chew	<b>11</b> 10:00 Greet/ Agenda 10:15 Brain Games 10:45 Disco Chair Dancing <b>11:00 What's In The Word</b> 11:45 Refresh <b>2:00 Valentine Bingo</b> 3:30 UNO 4:00 Brew & Chew	<b>12</b> 10:00 Greet/ Agenda 10:15 Cranium Crunches <b>10:45 Laughter Yoga</b> <b>11:00 Town Hall</b> 11:45 Refresh <b>2:00 Let's Farkle</b> 3:00 Music Bingo 4:00 Brew & Chew	<b>13</b> 10:00 Greet/ Agenda 10:15 3 Good Things & Guess The Kisses Game 10:45 Valentine Mad Libs 11:00 Love Songs Sing Along 11:45 Refresh <b>2:00 Happy Hour-Tunes With A Twist &amp; Celebration Of Love</b> <b>3:15 Sharing Lessons On Love</b> 4:00 Brew & Chew	<b>14</b> <b>HAPPY BIRTHDAY, JUDI!</b> 10:00 Greet/ Agenda 10:15 Trivia 10:45 Kickin It 11:00 Reminisce 11:45 Refresh <b>2:00 Bingo</b> 4:00 Brew & Chew	<b>15</b> 10:00 Greet/ Agenda 10:15 Pick 5 10:30 Presidents' Day Word Mining 11:00 Musical Manicures/Massage 11:45 Refresh <b>12:00 Lunch Bunch Outing: Yours Truly</b> 2:00 Musical Manicures/ Massage 3:00 Presidents' Day Trivia 4:00 Brew & Chew
10:00 Greet/ Agenda 10:15 Word Jumbles <b>10:30 Catholic Communion Service</b> 11:00 Jenga 11:45 Refresh 2:00 IN2L Games <b>3:00 Pokeno</b> 4:00 Brew & Chew	<b>16</b> 10:00 Greet/ Agenda 10:15 Pick 5 10:30 Presidents' Day Word Mining 11:00 Musical Manicures/Massage 11:45 Refresh <b>12:00 Lunch Bunch Outing: Yours Truly</b> 2:00 Musical Manicures/ Massage 3:00 Presidents' Day Trivia 4:00 Brew & Chew	<b>17</b> <b>SALON SERVICES</b> 10:00 Greet/ Agenda 10:15 Rhyme Time 10:45 Shooting Hoops <b>11:00 Crockpot Creations</b> 11:45 Refresh <b>2:00 Cardio Drumming</b> <b>3:00 Music Bingo</b> 4:00 Brew & Chew	<b>18</b> 10:00 Greet/ Agenda 10:15 Back To The Basics 10:45 Holey Ball <b>11:00 What's In The Word</b> 11:45 Refresh <b>2:00 Bingo</b> 3:30 IN2L Wordle Group Game 4:00 Brew & Chew	<b>19</b> 10:00 Greet/ Agenda 10:15 Cognitive Convergence 10:45 Soft Stretches <b>11:00 Rhythm &amp; Rap</b> 11:45 Refresh <b>2:00 In The Kitchen With Amanda &amp; Nicky Entertains</b> 3:00 Future Of Technology-Let's Learn 4:00 Brew & Chew	<b>20</b> 10:00 Greet/ Agenda 10:15 Awaken 10:45 IN2L Word Games <b>11:00 Country Chair Dancing</b> 11:45 Refresh <b>2:00 Happy Hour-Diane Ramos</b> 3:15 Blink Card Game 4:00 Brew & Chew	<b>21</b> 10:00 Greet/ Agenda 10:15 Brain Games 10:45 Yoga <b>11:15 Creative Crafting-Let's Paint</b> 11:45 Refresh <b>2:00 Bingo</b> 3:30 Resident Choice 4:00 Brew & Chew	<b>22</b> 10:00 Greet/ Agenda 10:15 Cranium Crunches <b>10:30 Catholic Communion Service</b> 11:00 Balloon Racquetball 11:45 Refresh <b>2:00 Cardio Drumming</b> 2:45 Puzzle Time 4:00 Brew & Chew
10:00 Greet/ Agenda 10:15 Cranium Crunches <b>10:30 Catholic Communion Service</b> 11:00 Balloon Racquetball 11:45 Refresh <b>2:00 Cardio Drumming</b> 2:45 Puzzle Time 4:00 Brew & Chew	<b>23</b> 10:00 Greet/ Agenda 10:15 3 Good Things 10:30 Sing Along 11:00 Musical Manicures/Massage 11:45 Refresh <b>12:00 Outing-Chick-FilLa &amp; A Movie</b> 2:00 Art Therapy With Emmy 3:00 Musical Manicures/ Massage 4:00 Brew & Chew	<b>24</b> <b>SALON SERVICES</b> 10:00 Greet/ Agenda 10:15 Trivia 10:45 Sassy Salsa Stretches <b>11:00 What's That Aroma</b> 11:45 Refresh <b>2:00 Gina's Chair Dancing</b> <b>3:00 Famous Faces Bingo</b> 4:00 Brew & Chew	<b>25</b> 10:00 Greet/ Agenda 10:15 Word Jumbles 10:45 Beachball Volleyball <b>11:00 What's In The Word</b> 11:45 Refresh <b>2:00 Bingo</b> 3:30 Family Feud 4:00 Brew & Chew	<b>26</b> 10:00 Greet/ Agenda 10:15 Pick 5 <b>10:30 Danni's Gentle Giants Pet Therapy</b> <b>11:00 Rhythm &amp; Rap</b> 11:45 Refresh <b>2:00 Karaoke</b> 3:00 IN2L Group Games 4:00 Brew & Chew	<b>27</b> 10:00 Greet/ Agenda 10:15 Rhyme Time 10:45 Be Inspired 11:00 IN2L Games 11:45 Refresh <b>2:00 Happy Hour-Tom &amp; Anthony</b> 3:30 Quirkle 4:00 Brew & Chew	<b>28</b> <b>Sometimes the heart sees what is invisible to the eye.</b>  <b>If I could give you one thing in life, I would give you the ability to see yourself through my eyes. Only then, would you realize how special you are to me.</b>	<b>28</b> 10:00 Greet/ Agenda 10:15 Rhyme Time 10:45 Be Inspired 11:00 IN2L Games 11:45 Refresh <b>2:00 Happy Hour-Tom &amp; Anthony</b> 3:30 Quirkle 4:00 Brew & Chew

At the Preserve of Mentor Ridge, we take pride in the opportunities offered to enrich the lives of our sweet seniors, always finding ways to remind them they are cherished & revered!